

# ENJOY THE SUN AND GET EVERYTHING DONE

## GET OUTSIDE THIS SUMMER

Summer is here, and work is still moving at a breakneck pace. But sometimes it just has to wait while you take a little time for yourself.

RELAXATION HELPS YOU  
DO BETTER AT WORK.

PRODUCTIVE TEAMS TAKE VACATIONS.



VACATION CAN  
INCREASE  
PRODUCTIVITY  
AND CREATIVITY.<sup>2</sup>



PEOPLE ARE OFTEN  
MORE PRODUCTIVE  
AND MOTIVATED  
AFTER TAKING  
A VACATION.<sup>3</sup>

RELAXING PAYS OFF!

VACATIONS DON'T HAVE TO BE LONG.



YOU'RE MORE LIKELY  
TO HAVE A MENTAL  
BREAKTHROUGH  
WHEN RELAXED.<sup>4</sup>



EVEN 24 HOURS  
AWAY FROM WORK  
CAN GET YOU BACK  
IN THE GROOVE.<sup>5</sup>

IT'S EASY TO GET WORK  
DONE FROM ANYWHERE!

WORK ANYWHERE!



USE HOTSPOTS,  
WEB CONFERENCING  
AND FILE SHARING  
TO STAY MOBILE.

BEST PLACES TO FIND WI-FI<sup>6</sup>



Public transit



Car dealerships



Gyms



Courthouses

### Here are the tools to unleash you from your desk.

Host and attend online meetings and events from anywhere with **GoToMeeting**, **GoToMeeting Free** for small groups, **GoToWebinar**, **GoToTraining** and **OpenVoice**.

Deliver and manage IT support from anywhere with **GoToAssist**.

Manage your work and collaborate with your team with **Podio**.

Send, store and sync your files securely with **ShareFile**. Access your programs and files with **GoToMyPC**.



Benefits of  
being outdoors<sup>7</sup>:

- Greater happiness
- Better concentration
- Increased vitamin D

<sup>7</sup> Harvard Health Publications: <http://bit.ly/1eev046>